

The background of the cover is a dark, textured surface, possibly a wall or a piece of fabric, with a mottled appearance of dark blue, black, and grey. On the left side, there is a bundle of thin, light-colored sticks or branches. On the right side, a human arm and hand are visible, reaching out and touching the dark surface. The hand is positioned in the lower right quadrant of the image.

ISSUE II

THE ROAR

HAUNTED EDITION

letter from the EDITOR

I am thrilled to introduce this year's first edition and second overall edition of The Roar Student Newspaper. Inspired by the upcoming Halloween holiday, the issue theme is "haunted." I'd like to thank my staff for all their endless work spent on creating the newspaper. Without their articles and designs, the newspaper would not be possible. Dane Secor, The Roar's advisor, has also been a vital part of the process. I can't express how thankful I am to have him on my team. If you are interested in contributing to The Roar in any of the following areas: graphic design, photography, writing, and editing please feel free to reach out to me. My Mars Hill University student email is hannah_frazer@mhu.edu. Whether you believe in the supernatural or find it scientifically impossible, Mars Hill University has a lot of spine-chilling stories to tell. The cover story written by managing editor Kiana Tuckett unveils the haunted mysteries of Mars Hill University. The cover shares the history of the school which may explain some of the ghostly experiences students and faculty encounter on campus. Make sure to be careful next time you're in McConnell or Edna Moore Hall, you don't want to upset the active

ghosts that linger in those buildings.

In addition to the cover story, staff writer Kayla Rice battles Dr. Robert Zinna to figure out whether paranormal activity and creatures are real. Kayla argues through personal experience that there are supernatural creatures in the world while Dr. Zinna refutes that concept with scientific findings. After reading both sides, what do you think? Staff writer, Elida Taylor, is hoping to help you get into the Halloween spirit with her article on Halloween costumes. Elida Taylor's costume ideas top every YouTube influencer posting costume content. It will be exciting to see all the different outfits on Halloween night.

With this school year moving into full swing, I hope this edition helps to keep you updated on all the Mars Hill University insight as well as events happening worldwide. The Roar newspaper is looking out for new stories on campus to follow for the next issue coming out in December. There have been many different speculations flying on campus that The Roar is ready to cover in the next issue. I may have heard some exciting possible changes coming up, but I guess you will have to wait and see.

Hannah Rose Frazer

editor-in-chief

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a tribute to the Queen

JAMIE GARCIA, staff writer



"I have in sincerity pledged myself to your service, as so many of you are pledged to mine. Throughout all my life and with all my heart I shall strive to be worthy of your trust," from the late Queen Elizabeth II coronation speech. A strong monarch who became a symbol of hope and pride after World War II, Queen Elizabeth II brought in a new modern era with a brightening personality and a strong sense of duty. However, we forget that she was never intended to wear the crown. On April 21, 1926, the future King George VI had a daughter born in Mayfair, London. In her early years, Queen Elizabeth II and her sister Margaret would spend most of their childhood in Scotland. They were a loving family who appreciated their privacy and stayed away from the cameras. With her father, at the time, only being the Duke of York and the second brother to the King, the line of succession was never his to inherit until her uncle, King Edward VIII, made a heavy decision to abdicate his position in 1936 so he could marry Wallis Simpson, an American socialite. As soon as her father was crowned, Queen Elizabeth II understood the role she would have to take on. She modeled herself on her father and began preparing for the lifestyle of a monarch. Following her apprenticeship with her father, she convinced him to let her join the army, driving and fixing ambulances in World War II. Once the war was won and things carried on, the time of relief would not yet arrive. After the death of King George VI, 25-year-old Elizabeth would inherit the throne and mark the new post-war age. She became an icon of hope for a better and brighter future. As a new queen she built relations throughout many countries and multiple prime ministers, as a mark of reconciliation, she organized the first visit to Germany since 1913 and another visit to China. This was the beginning of an age of optimism and opportunity, the age of Queen Elizabeth II. With many eyes on her and her family, the Queen made sure to keep a firm line between the public and private parts of their lives.

Unfortunately, that was not always the case.

With many close deaths like Winston Churchill, Princess Diana and her husband Prince Philip it could be hard to be in a weighted position in the public eye. Yet, she never strayed from her duty and continued to perform her status with honor and grace.

After a long life of 96 years, Queen Elizabeth II died September 8, 2022, at Balmoral Castle in Scotland. Her eldest son will succeed her, becoming King Charles III. "I declare before you all, with my whole life whether it be long or short, shall be devoted to your service and to the service of our great and imperial family to which we all belong," a promise that was well kept.

Monkeypox Awareness

HAILEY HARWICK, staff writer

Monkeypox, a zoonotic infection caused by an orthopoxvirus, was declared a public health emergency on August 4, following the first outbreak in the United States on May 17, 2022. The horrific virus is marked by a rash, mostly found near the genitals, but can be found on any part of the body such as the hands, feet, chest, and face. Other symptoms include fever, chills, swollen lymph nodes, exhaustion, muscle aches and backache, headache, sore throat, cough, and nasal congestion.

Monkeypox was first discovered and named in 1958 when two pox-like diseases broke out in monkeys used for research purposes, but the first human case of monkeypox was recorded in 1970. Although the virus was first noted in these monkeys, the source of the disease remains unknown. The World Health Organization plans to change the name of monkeypox in an effort to avoid any prejudice towards “cultural, social, national, regional, professional, or ethnic groups” as well as “minimize any negative impact on trade, travel, tourism or animal welfare.” The new proposed name is hMPXV,

which is short for human monkeypox virus.

The Center for Disease Control (CDC) published their Morbidity and Mortality Weekly Report (MMWR) on August 12, 2022, covering the epidemiologic and clinical characteristics of monkeypox within the time period of May 17–July 22, 2022. This article revealed that 99% of monkeypox cases afflicted men, 94% of which either close contact or sexual male-to-male contact was indicated. The CDC also recognized that the monkeypox virus disproportionately affects racial and ethnic minorities. This information at face value can be dangerous for these marginalized groups and may cause violence and discrimination towards them if people are not properly educated.

The CDC recommends three general steps to prevent the spread of monkeypox. First, avoid close, skin to skin contact with someone that may be expected or has monkeypox. Second, avoid contact with items such as bedding and utensils used by someone who is expected of or has monkeypox. Third, wash your hands frequently using antibacterial soap and water.

Student Debt Policy

OWEN BLAKE, staff writer

On September 27, 2022, I spoke with Nicole Buckner, the Director of Financial Aid at Mars Hill University about the federal government's decision to forgive student loans. I asked for as much information as she could give. Here is what she had to say:

Eligibility:

"There is an application now, which is the most important thing that people don't know about this. So it's \$10,000 that is forgiven and up to \$20,000 if you received a Pell Grant. You don't have to receive the Pell Grant all 4 years to be eligible for the \$20,000; once is enough. You can verify if you have received a Pell Grant on the studentaid.gov website. They have decided that there is going to be a form that you have to apply for, and everything is going to be on studentaid.gov. What you are going to do on this application is your going to put in your information and verify your income. This is more for former students. It does not do much for first-years. As long as the loan was processed by June of 2022, you are eligible for this relief. This years sophomores and seniors are eligible as well."

Federal vs. Private Loans:

"In terms of which loans are eligible, only loans granted by the federal government are eligible. Some students go through private institutions and banks. Those loans are not eligible for this type of relief. For current students, it is unknown whether the federal

loan forgiveness will be done again or if this was a one-time thing. We do not have that information yet."

Avoiding Scams:

"The biggest thing I would tell current and former students is beware of people trying to scam them. That is a big thing right now. When I look at the scams people already do with FAFSA, I can only imagine the kinds of scams people are going to try to pull with this. That is the thing with the Department of Education; you will NEVER have to pay with help with them. So if someone is offering to help with student debt relief, and they ask for money, then they are not legitimate."

Loan Default & Plus Loans:

"If you are a non first-year student who defaulted on loans, those loans will be eligible for relief. For those who don't know, loan default is after you leave school, you have a 6 month grace period before you go into repayment. If you are not making payments, you go into loan default. What that means is that you will not receive aid until that loans is out of loan default. So this relief plan will help those students who are in default pay off debt. This will help those students who might want to return to school now that they are eligible for financial aid and not in loan default. Plus loans for parents are also eligible for financial aid and not in loan default. Plus loans for

parents are also eligible for debt relief.”

Multiple Loans:

“Many students wonder, ‘If I have multiple loans, will I get to pick which ones get relieved?’ The answer to that is no. The federal government determines that for you. At Mars Hill, we mainly have two loans that students have, a subsidized and an unsubsidized—one accrues interest, and one doesn’t. My guess is, and keep in mind the federal government hasn’t announced this, but my guess is they will apply the \$10,000 to the unsubsidized loans because that is the one that accrues interest. That is just my guess, but typically with student debt relief, it is the more expensive loan that gets forgiven first.”

Taxes:

“The IRS will not tax the money that is being given out as aid, but certain states will. As of right now, North Carolina is one of the states that will tax this, but that is subject to change. That decision is up to state lawmakers. Neighboring states, such as Tennessee and South Carolina, have said that they will not count this student debt relief as taxable income. There is still time for North Carolina to change this policy by tax season, but as it stands now, students will have to report this student debt relief as taxable income.”

Extension:

“The federal government has not given a timeline

as to when the relief will be granted. For example, people might wonder, ‘if I fill out an application by early October, will my loans be gone by the middle of the month?’ There has yet to be any information given to us about that. Right now, President Biden has extended the pause on student loans. My hope is that these student loans will be forgiven within the time of this extension.”

Rough Timetable:

Another important thing to note is that you don’t have to feel rushed to fill out the application. You have until December of next year to fill it out, so you have a big time frame. The only thing the government is not extending is when the loans have to be processed by. That is still June of 2022, unless they extend that. Even though you have until December of 2023 to fill out the application, it is still not available for first-year students.”

Closing Thoughts:

We at The Roar as well as those in the financial aid office hope that this article helped clarify lingering questions about this issue, which is on the mind of many students, faculty, alumni, and parents. For any additional information, visit studentaid.gov or contact Mars Hill University’s registrar’s office at REGISTRAR.MHU.EDU.



This fall season is in full swing, and our many talented student-athletes from around the world are fighting with blood, sweat, and tears to proudly represent Mars Hill University. Our Lions have already shown their capabilities in their representative sports, such as football, men's and women's soccer, and women's volleyball, have shown impressive results so far – and proven that their many hours on the practice field during pre-season have been worth it. And even though the season and semester are currently going 100 mph, our Lions are still working every day on the practice field to tune tactics, brush up touches, and calibrate the final execution to prepare for the next game.

However, it is not without complications and issues, because it happens that practice schedules between the representative fall teams collide with each other, as well as classes or Pitman Dining Hall hours. Although Mars Hill University's soil is fertile for big dreams and is rich in dedication and respect, the university possesses limited training facilities and grounds that cannot satisfy all teams without creating inconvenient practice times – whether it's early in the morning, before the first 8 a.m. class, or late in the afternoon past the dining hall hours. Primarily, this concerns the outdoor teams such as football, soccer, and lacrosse that share Mears Stadium and Belk Field as training fields.

Paxton Workman, a junior student-athlete from the men's lacrosse team mentions: “Yes, personally, some practice times can be inconvenient. Either early in the morning, before classes, where I already haven't gotten much sleep because I've been late studying. Or in the morning during classes when it's just impossible for me to join. This can be worrying, of course, and I get a bit of FOMO [fear of missing out] as I want to be in the coach's starting

line-up. Luckily, this is not a problem in the afternoon, as it usually fits in with the opening hours at the cafe, which is great after a practice.” Sadly, this means it must cost one of the other team's practice schedules, who must eat an early or late dinner, as Pitman Dining Hall closes at 7 p.m. on weekdays. The student-athletes from the men's soccer team can disregard this issue, as they primarily practice untroubled and unencumbered at Belk Field. However, it's a slightly different story on the women's team.

A junior student-athlete from the women's soccer team who wished to remain anonymous mentions how the late practice times conflict with the Pitman Dining Hall's dinner hours: “It's hard to find alternatives to dinner after an evening practice. Because it's not every night you want to drive to Weaverville or even Asheville. Yes, thankfully The Den and Ingles are available, but it's more the aspect of getting something healthy, nutritious, and protein-filled consumption without having to pay for it.” Based on this, she suggests an arrangement with Pitman Dining Hall, regarding pre-made sandwiches, or even to-go boxes, as were available during the COVID-19 year. However, she also adds, “Luckily, this is not an everyday problem, and our coaches are good at organizing and scheduling practice times that accommodate with most people's classes.”

Overall, the inconvenience for the individual student-athlete seems to be greater than the collective issue, knowing one cannot make it entirely beneficial for each and everyone. Further, the coaches from the representative teams are fighting a battle to accommodate their players in the most efficient way possible. Ultimately, the student aspect is and remains first, then the athlete.

Fall Sports Fight For The Field

THOMAS BERTELSEN, staff writer



Where's Cosmo?

EDGAR MIRANDA, staff writer

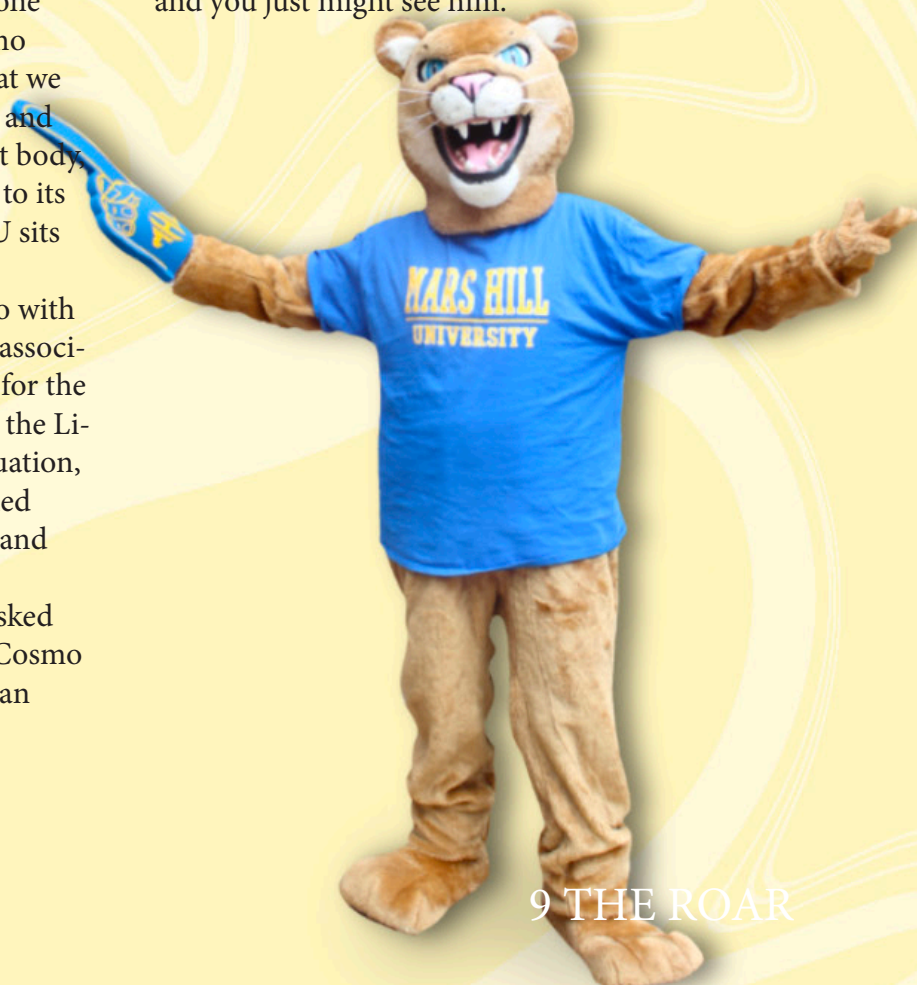
With the start of every semester to the final whistle closing the first football game, there is one person who doesn't fail to stand out and encompass the school spirit of Mars Hill University and its student body, but that of Cosmo the Lion. The main question is "Where is Cosmo?" Well, he's most likely in a closet somewhere, put up for storage until the next game or school event. Although, it should be known that Cosmo isn't just a costume. In fact, he is a symbol of our school spirit, and even when some of us don't consider ourselves full of school spirit, we will always have an underlying pride of what it means to be a Lion.

From the moment we each received our first acceptance letter to feeling the electric atmosphere of our first Saturday night lights, Cosmo is within every one of us and essentially, we are all Cosmo the Lion itself. He is a symbol of what we all already share. This sense of pride and spirit extends not only to the student body, professors, and staff on campus, but to its alumni and community which MHU sits in the middle of.

While some may associate Cosmo with just our sports events, he can and is associated with more than that. He's there for the start of everyone's college chapter in the Lion's Life event to the end with graduation, where we say farewell to our cherished school memories. He is everywhere and nowhere all at once. Making my way around campus, I asked students about where they thought Cosmo would be throughout the week. Jordan Mulcahey suggested that,

"Cosmo is most likely either at a game or a school event and most definitely posing next to President Floyd." Another student said "I am not sure, but if I was to guess... most likely getting hydrated, pretty sure it's hot in that suit." If you were to ask me where Cosmo can be seen, I would more than likely respond the same way, but if I were to really think about it: isn't Cosmo everywhere? Walking to class seeing my peers wear school merch or seeing our fabulous Spirit Team on their way to practice makes me realize that the truth of the matter is that Cosmo isn't just a suit, but a figure for our school spirit of which we all share, on and off campus.

So, to answer the overall question of "Where is Cosmo?" ... Well, he is here and there, but most of all look in a mirror and you just might see him.



PRE-WORKOUT

PRECAUTIONS

ZOIE PISTEL, staff writer

People may think about taking preworkout to aid in enhancing sports performance. Preworkout frequently includes a combination of substances that research suggests may increase energy and attention. Some of the most common ingredients included in pre-workouts include: beta alanine, caffeine, creatine, taurine, and citrulline. It's important for users to be aware of the caffeine levels, because some pre-workouts contain two to three times the caffeine dosage recommended for a person in a day. This can lead to high blood pressure and other heart related issues. Although it contains stimulants which are made to help lose body fat, it increases the risk of dehydration and kidney issues. This can also increase risk of kidney stones. According to a 2019 study on habitual pre-workout users published in the National Library of Medicine, 54% of subjects experienced adverse effects such as nausea, skin rashes, and irregular heartbeats. The study does point out that these adverse effects are probably more frequent in people who take more than the advised serving size.

Caffeine, being a popular ingredient, can cause a rise in nerve activity and an increase in alertness. People who metabolize caffeine slowly may experience sleep issues if they consume caffeine in the late afternoon or evening. People who consume too much caffeine may also get headaches, anxiety, and a quicker heart rate. It is therefore not recommended for those who are sensitive to caffeine to take pre-workout supplements containing this component. In an article from MedicalNewsToday.com, the author states, "Pre-workout supplements can also contain several ingredients that may cause gastrointestinal distress. Caffeine may cause stomach upset by increasing the release of stomach acid, which may result in acid reflux. Although less common than caffeine, some pre-workout may contain sodium bicarbonate, which can cause

bloating, nausea, and abdominal pain." I interviewed a few students who had experienced these symptoms after taking different kinds of pre-workouts:

Alicia Whittenhagen

Senior

"I used to use C4 and at first I didn't have any adverse reactions, but after continuing use, I started having heightened anxiety and heart palpitations. I sometimes felt my heart was going to explode while also experiencing serious dehydration and nausea."

Miranda Marks

Junior

After using one scoop of the Ryse pre-workout on a regular basis, I started to notice a change in the way my body was reacting to this stimulant. I had been taking it for a little more than a year until I went and got my physical done for school. They proceeded to take my heart rate and came to find that I had got an arrhythmic heartbeat. After discussion and looking into my regular diet, the culprit came to be my preworkout.

Hannah Frazer

Sophomore

"After my first time using just half a scoop of the N.O.-XPLODE pre-workout, I found my heart racing uncontrollably when trying to fall asleep that same night. I felt an overwhelming feeling of anxiety about my health moving forward. I am definitely no body builder, but I don't think the effects should be that strong."

Some things to look for when looking to buy a pre-workout would be looking at the ingredients and the nutritional label. Some supplements may identify their contents as a "proprietary blend" without specifying the precise amount of each ingredient. To prevent ingesting an unhealthy amount of a specific substance, people interested in using

pre-workout supplements may want to look for goods that list precise doses as well as ones that contain verification from a reliable source. A 2018 paper published in the Journal of the International Society of Sports Nutrition states,, “it appears that multi-ingredient pre-workout supplements have promise as an ergogenic aid for active individuals.” Some pre-workout supplement chemicals could possibly interact with some medicines. Students should consult a medical expert before taking them to fully grasp how their pre-workout may impact their medicine. Caffeine is a common ingredient in pre-workout supplements, which some people may find difficult to tolerate. Caffeine is metabolized differently by each individual, and some people may react to it more strongly than others.

One of the many users of pre-workouts are e-sport players. Although they are not constantly moving, they are still in need to be intensely focused while competing. Some of the workouts that we can apply to ensure

health and safety could include the following: Neck and back flexibility is one vital and important thing that seems to be ignored at times when sitting down in a chair for longer periods of time. Another thing would have to be hand and wrist workouts to ensure flexibility and stretching the ligaments to prevent any injury or cramps that could occur. Lastly would have to be making sure your legs are getting blood flow. After sitting for long periods of time, your legs will not get the sufficient blood flow needed, so ensure that you are taking breaks in between rounds and sets to keep them active.



HAUNTED EDITION

Hauntings on the Hill

KIANA TUCKETT, managing editor

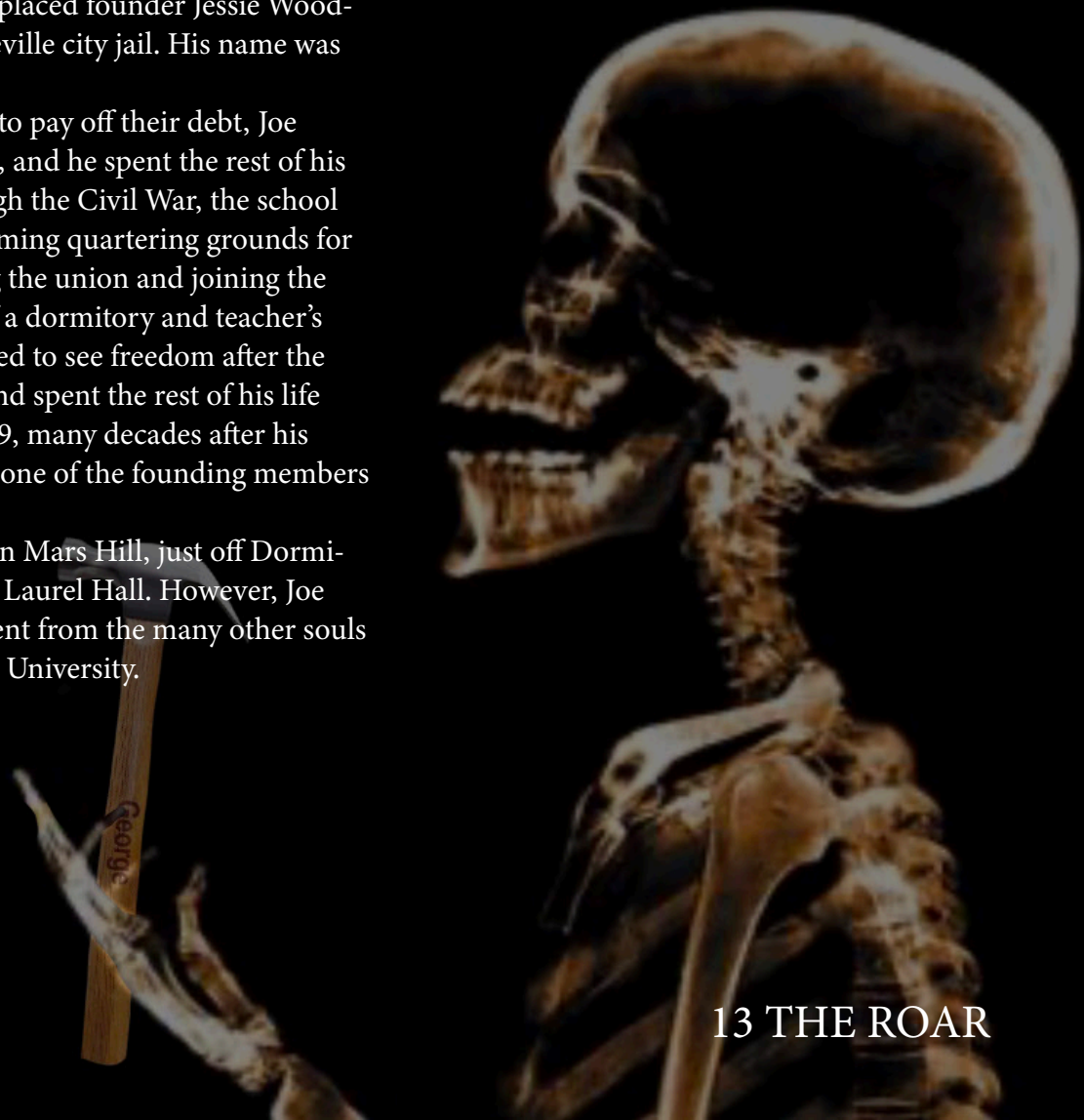
Mars Hill University, originally established as The French Broad Baptist Institute in 1856, resides in the quaint town of Mars Hill, North Carolina. Population 2,007. With a crime rate of less than 1%, and a violent crime rate of less than .1%, this quiet college town now operates peacefully without a whisper of danger. However, considering the institution's almost 200 years of history, Mars Hill University has a much deeper story to tell.

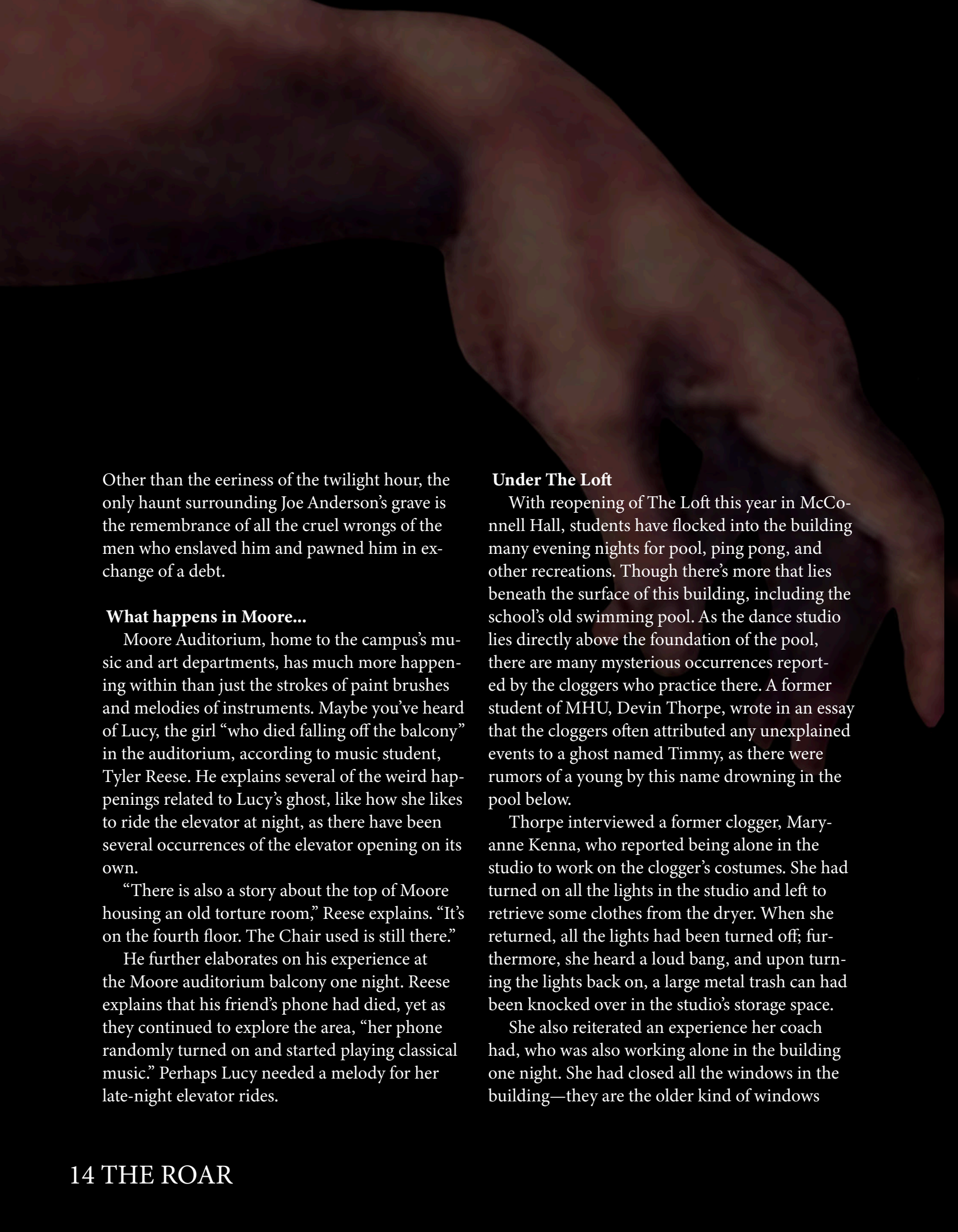
A Life as Collateral

Mars Hill University was built upon slave labor. Making its debut in the years leading up to the Civil War, for a deposit of 1,000 dollars and a grand total of 3,000 dollars, the original founders of this institution contracted the construction of its first building. Upon its completion, however, the founders faulted the building's construction quality and refused to pay. A lawsuit ensued, and the court ordered the founders to pay the contractor 1,100 dollars of the remaining 2,000 dollar balance. As collateral, the court placed founder Jessie Woodson Anderson's slave in the Asheville city jail. His name was Joe Anderson.

Once the founders were able to pay off their debt, Joe Anderson was released from jail, and he spent the rest of his life in Mars Hill. He lived through the Civil War, the school closing in 1863, the dorms becoming quartering grounds for soldiers, North Carolina leaving the union and joining the confederacy, and the burning of a dormitory and teacher's home. Most of all though, he lived to see freedom after the war, where he started a family and spent the rest of his life working as a farmer. And in 1999, many decades after his death, he became recognized as one of the founding members of Mars Hill University.

Joe Anderson's grave resides in Mars Hill, just off Dormitory Drive, towards Gibson and Laurel Hall. However, Joe Anderson's legacy is quite different from the many other souls lost on the grounds of Mars Hill University.





Other than the eeriness of the twilight hour, the only haunt surrounding Joe Anderson's grave is the remembrance of all the cruel wrongs of the men who enslaved him and pawned him in exchange of a debt.

What happens in Moore...

Moore Auditorium, home to the campus's music and art departments, has much more happening within than just the strokes of paint brushes and melodies of instruments. Maybe you've heard of Lucy, the girl "who died falling off the balcony" in the auditorium, according to music student, Tyler Reese. He explains several of the weird happenings related to Lucy's ghost, like how she likes to ride the elevator at night, as there have been several occurrences of the elevator opening on its own.

"There is also a story about the top of Moore housing an old torture room," Reese explains. "It's on the fourth floor. The Chair used is still there."

He further elaborates on his experience at the Moore auditorium balcony one night. Reese explains that his friend's phone had died, yet as they continued to explore the area, "her phone randomly turned on and started playing classical music." Perhaps Lucy needed a melody for her late-night elevator rides.

Under The Loft

With reopening of The Loft this year in McConnell Hall, students have flocked into the building many evening nights for pool, ping pong, and other recreations. Though there's more that lies beneath the surface of this building, including the school's old swimming pool. As the dance studio lies directly above the foundation of the pool, there are many mysterious occurrences reported by the cloggers who practice there. A former student of MHU, Devin Thorpe, wrote in an essay that the cloggers often attributed any unexplained events to a ghost named Timmy, as there were rumors of a young boy by this name drowning in the pool below.

Thorpe interviewed a former clogger, Maryanne Kenna, who reported being alone in the studio to work on the clogger's costumes. She had turned on all the lights in the studio and left to retrieve some clothes from the dryer. When she returned, all the lights had been turned off; furthermore, she heard a loud bang, and upon turning the lights back on, a large metal trash can had been knocked over in the studio's storage space.

She also reiterated an experience her coach had, who was also working alone in the building one night. She had closed all the windows in the building—they are the older kind of windows

that take some force to open and close—yet when she went to leave the office less than two hours later, she found all the windows to be wide open. Thorpe reports, “They were the kind of windows that were ‘too loud not to be heard being opened from down the hall.’”

However perplexing these stories may be, even more nerve wrecking are the records of two deaths taking place in McConnell. While neither of the lost souls went by the name of Timmy, their spirits may be the true source of the building’s eerie experiences. The first death took place in late September of 1936. According to the October 3, 1936, issue of The Hilltop (the school’s previous student newspaper), James Lowell Griffin, known as “Red” by his peers, suffered from heart failure while swimming. The physician who arrived at the accident reported an insufficient volume of water in Griffin’s lungs for drowning to be the cause of death. He died at the scene of the occurrence.

Death on Foreign Land

The second death that took place in the pool was that of a first-year exchange student from Cuba, Jose Martinez. The May 3, 1952, edition of The Hilltop reported Jose to be well-liked by his peers and enjoying his experience in America. However, just before he finished his first full year at the college, a fellow student found his body in the pool. No one was there at the time of the incident, though his autopsy confirmed

drowning as his cause of death. The president of the university accompanied Jose’s body back to Cuba, as he was returned to his family.

Another international student, also in his first year at the college, also met the same unfortunate fate as Jose. According to Thorpe, Ryuta Takeyama, a student from Japan in 1995, was found lifeless in Myers Hall, where he had hung himself in his closet. While there are few reports of unusual experiences, except for the occasional flickering of the lights, the atmosphere within Myers is surely anything but tranquil.

A Murder in Mars Hill

Anyone with even the slightest conviction to the reality of ghosts could likely be convinced of the haunting presence within Edna Moore Hall just by taking a step inside. Constructed in the 1940s and sitting vacant of permanent residents since early 2020, Edna Moore has several spine-chilling stories to tell. The most well-known of them being of the girl who lives on the fourth floor.

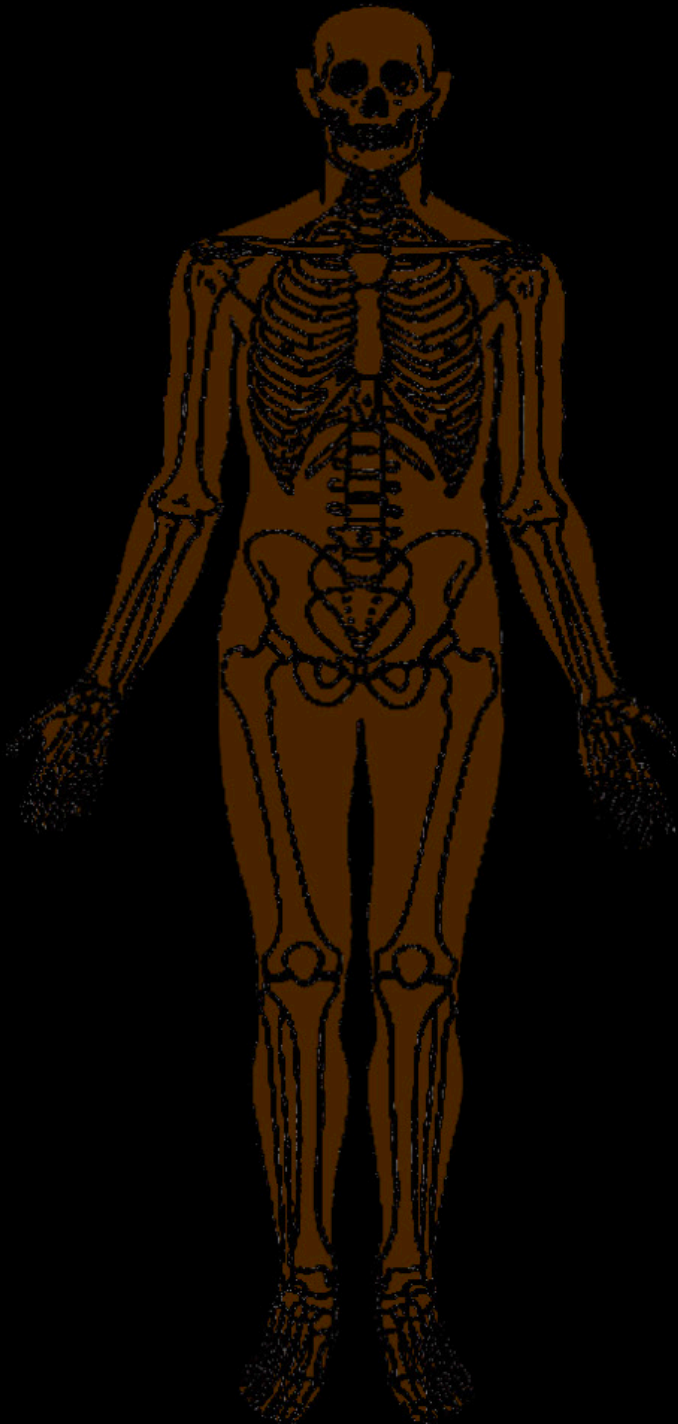
A maintenance worker reports the one and only conclusive sighting of a spirit on campus, when he was working in Edna one day. At this time, the dormitory was closed to the public. Thorpe states, “He was on the fourth floor of Edna Moore one day (the attic) when he looked in a room and saw a girl sitting on a bed. After averting his eyes for a quick second, he looked back in the room to where the trespasser had been, but

when he looked back at the bed, the girl was gone.”

There are several rumors surrounding Edna Moore Hall, and of who the girl could have been. The most misguided of these assumptions even being that the spirit is Edna Moore herself, saying she was killed by her father after discovering she was pregnant. In truth, Edna Moore was the wife to former Mars Hill College president, Robert Lee Moore, and she lived ample long enough to sustain several pregnancies and raise a family. The real victim who’s spirit supposedly rests in Edna Moore Hall is that of another young girl, who shares similar uncertain rumors.

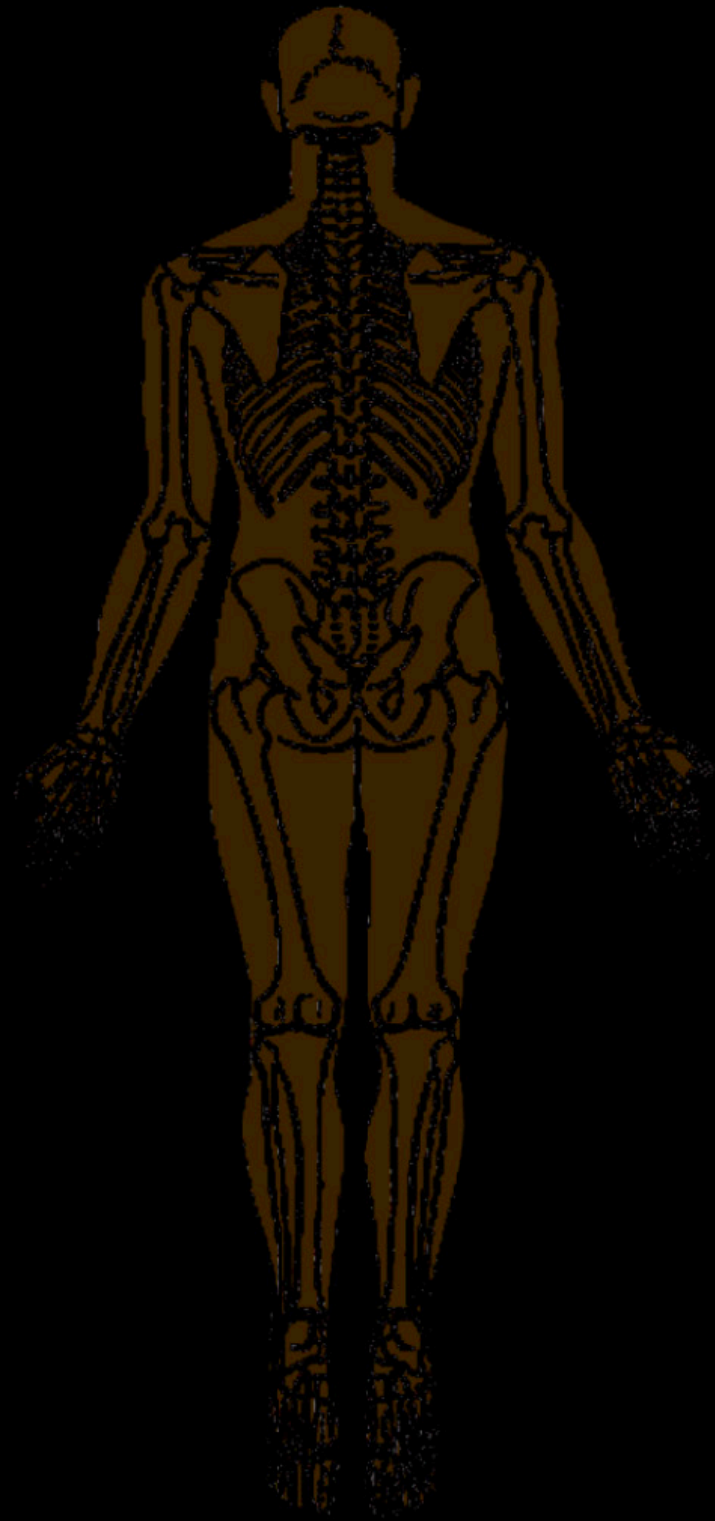
An experience in Edna Moore was shared on quite an off-the-wall online forum for paranormal experiences called The Shadowlands, by a woman who lived in the dormitory circa. 1989. The woman describes an experience during her freshman year in

which all the students in the dormitory had gone home for break, except her and the girl who lived across the hall. She writes, “About an hour or so after retiring, I heard heavy footsteps across my ceiling, coming from the attic. I heard them open the door and stomp down the stairs. I went to my door, intending to race across the hall to Meg’s room. I opened the door. Meg stood in her doorway. She had heard the same noises. We just stood there and stared at each other. We looked down. At each of our feet, there were blood stains on the carpet. Only in front of each of our doorways. Not drops all the way down the hall.” One rumor about this case insists that the ghost of Edna Moore was a girl, who upon finding out she was pregnant, stabbed herself in the stomach and now roams the halls in warning. However gruesome this story may be, the real story surrounding the spirit in Edna Moore is far more sinister.



On October 12, 1973, the body of a Mars Hill College student, Sally Bell Moffitt, was found by construction workers at the intersection of US Highways 213 and 19-23 north. Sally was a resident of Stroup Hall, the dormitory directly connected to Edna Moore. On May 20, 1974, according to a release by Baptist Press, Wayne Schilling, also a student at Mars Hill College, was arrested for her murder. Sally's autopsy suggests the possible cause of death being a fall from a great height. It begs to reason that she may have passed near Edna Moore, and her body dragged to the highway by the culprit, Schilling.

A small rural town, you may think would be the pinnacle of safety, can also be a hub of clouded mystery, as the less people that are present to see something, the fewer witnesses you have to a gruesome story. Tragic deaths written into the history of a town like Mars Hill become the echoing haunts of the Halloween season. The grievances of past generations are now the vacant whispers that leave goosebumps on students' skins, when alone in the aged buildings fixed around the campus. Perhaps, if you or I or any of us were to die, here, today, we may live on for decades, even centuries, as yet another Mars Hill Ghost Story.










Author's Note: A special thanks to previous student Devin Thorpe, who's paper "Ghosts of Mars Hill", served as a major starting point and information base for many of the stories included in this article.



PLAYLIST MONSTOBER



#	TITLE	ALBUM	DATE ADDED	⌚
1	 Calling All the Monsters China Anne McClain	A.N.T. Farm	Sep 13, 2022	3:26
2	 Thriller Michael Jackson	Scream	Sep 13, 2022	5:58
3	 Monster Mash Bobby Pickett	Monster Mash	Sep 13, 2022	3:12
4	 This Is Halloween Michael Elias	The Nightmare Before Christmas	Sep 13, 2022	3:17
5	 The Time Warp Richard O.	The Rocky Horror Picture Show	Sep 15, 2022	2:32
6	 I Want Candy Bow Wow Wow	The Best of Bow Wow Wow	Sep 15, 2022	2:45
7	 Ghostbusters Ray Parker Jr.	Ghostbusters	Sep 16, 2022	4:05
8	 I Put a Spell on You Annie Lennox	Fifty Shades of Grey	Sep 18, 2022	3:31
9	 Highway to Hell AC/DC	Highway to Hell	Sep 18, 2022	3:28

MONSTER MADNESS

1. HOCUS POCUS 2. HALLOWEEN 3. THE PURGE
4. THE CONJURING 5. MONSTER HOUSE 6. ANNABELLE
7. BEETLEJUICE 8. IT 9. CORALINE 10. SCREAM





HALLOWEEN COSTUME IDEAS

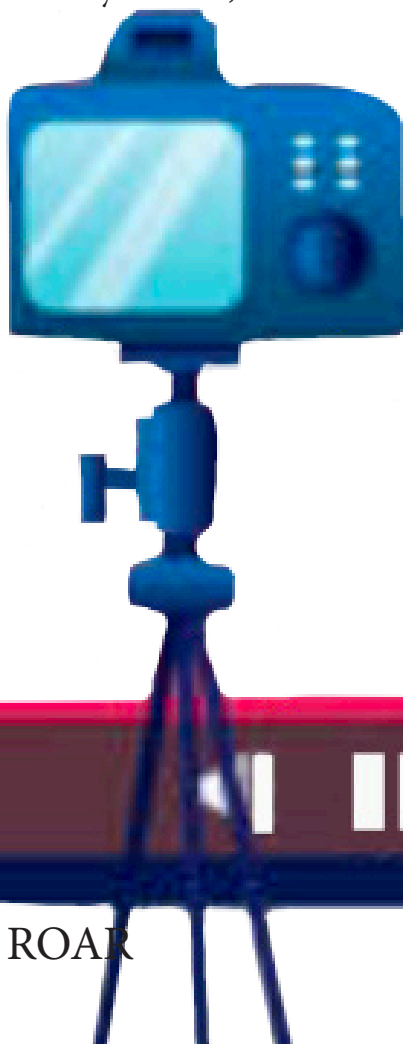
ELIDA TAYLOR, staff writer

Halloween is right around the corner, and we know you're planning on procrastinating until the last minute to figure out the perfect Shein costume to wear. How do you incorporate fun and goofy, stylish and classy, and/or bloody and terrifying without potentially having the same costume as someone else? I know we all hate the feeling of having an unexpected twin at a halloween party. It is tough, so we've created a little look book to hopefully influence and inspire you to get dressed as best as possible for this year's Halloween. The following examples are trendy and classic, but of course, you can modify the costumes to your taste, economy, and desire – the only limit is your imagination!

Netflix has blessed us with some good stuff this year. Season four of "Stranger Things" took the world by storm producing hour-long episodes that people became infatuated with "Stranger Things" is a fictional horror drama from 2016, and six years later, it's one of the show, multiple

main and side characters grabbed the attention of the audience. One of those favorable being Eleven. However, instead of being that cliché, we are going to honor the show by remembering the iconic Scoops Ahoy uniform. Scoops Ahoy is an ice cream parlor, go figure, that was located in the mall's food court. It can be worn individually or with someone else. The costume is worn by characters Robin Buckley and Steve Harrington. The costume has a sailor-like theme that consists of a blue and white striped top, a solid blue vest fitted with a red name tag, a red neck bow, solid blue shorts, and an essential hat that reads AHOY on the front. Super cute, right?

"BY ORDER OF THE PEAKY BLINDERS!" If you aren't familiar with this phrase yet or the entire Peaky Blinder universe, I'm sorry – it's your loss. Because this British crime-drama series takes you back to the aftermath of the World War I, when the infamous street gang called the Peaky Blinders terrorized the streets of Birmingham, England – and when they weren't looting their rivals, they were sitting in the local bar pouring down whiskey on the rocks like it was spring water and smoking more cigarettes a day than Post Malone. One thing is for sure, though; they did it in style, and that's one of their trademarks. Stylish. Classy. Timeless. The icy and cynical Tommy Shelby has not only become an international fashion icon, but also a crush among both girls and boys. Tommy Shelby, his brothers, and his crew all wear a uniform based on a three-piece suit, oxford-laced boots, a newsboy cap, a detachable collar shirt, and a heavy overcoat. This look is explicitly drawn from what working-class Englishmen wore at the time. The Peaky Blinders ladies wear long, opulent beaded dresses, sleeveless but with elbow-length gloves, simple jewelry and a fur stole. So if you and the guys need a shared costume that not only looks classy and stylish, but is



also totally dapper – or if you and your girls are feeling retro, but classy-flashy, then this is a good call!

What better way to end our Netflix trend than with “The Umbrella Academy.” It continues to surprise its growing audience every season. “The Umbrella Academy” is an American superhero television series based on the comic books series of the same name. As an avid fan myself, I enjoy the different looks that can be portrayed by the show that is set in several different time frames. This is especially true with the new release of the third season that featured the Sparrow Academy. Although the main characters of “The Umbrella Academy” aren’t easily distinguishable in their everyday attire, the Sparrow Academy rocks a signature red and black latex one-piece with the academy’s symbol on the front of it and black gloves. Honestly, that completes the whole look. It’s easy, simple, and up-to-date which even makes it a perfect last-minute Halloween costume. Although who wouldn’t want to dress up as The Handler and all of her intricate and complex outfits?

Now we dive into the classics. Who doesn’t love and adore all of the Super Mario characters? The Mario franchise has been around for a long time and continues to stay relevant, therefore, it will never go out of style – but let’s be honest, it’s pretty hard to find someone who hasn’t heard or played a game from the franchise itself. The best part about it is that there are fourteen official Super Mario characters such as Mario, Luigi, Princess Peach, Bowser, and Yoshi just to name a few. This leaves you with a variety of costume ideas to choose from. The classic duo, Mario and Luigi, both wear overalls and long-sleeved t-shirts, red for Mario and green for Luigi, with a hat that has their first initial printed on the front of it. It literally can’t get any simpler than that. However, any of the classic characters can be used as inspiration. You can never go wrong by playing it safe.

This one is for all of my short kings, but also, it’s just a really good classic. “The Fairly Odd Parents” is an animated television show that follows a ten-year-old Timmy Turner through life with his fairly odd parents. Cosmo and Wanda are costumes that are seen every year, and not to call it outdated or boring, but this year if you are in a couple the Timmy Turner and Trixie duo can do no wrong. This is one of the most popular love interests in the show. Timmy rocks a solid pink colored shirt and hat, with black pants – so if you feel like “an average kid that no one understands” this is not bad right? Trixie wears a purple turtle-neck and headband complemented with a white skirt and knee-high white boots. You can easily dress this costume up super flashy or leave it as is.

With the coming of the new “Hocus Pocus” movie, what better way to celebrate than honoring the movie by dressing up as the witches themselves? Witches are always a staple during Halloween, and Winifred, Sarah, and Mary stylize in different unique dresses, so why not stay true to who they are? Winifred has this signature crazy curly hair, but despite that, she rocks a green and purple iridescent dress that almost touches the floor. It is styled with a green cape that has little golden detailing. Her look is complete with a chunky planet-like necklace. Sarah is constantly in dark-eyed makeup complimenting her pink, red, and purple-toned long-sleeved dress. It is often paired with a dark purple cape. Mary, who is my personal favorite, has hair that is tied up in the shape of a witch’s hat. Mary has a more complicated dress that has various colors including orange, purple, red, and plaid designs. Even if you aren’t on theme with the movie a simple witch’s hat and broom can tell anyone all they need to know. I am so excited to see how all of these costume ideas and different characters come to life on halloween night.

02:32

Sure, college life is a crazy rollercoaster ride; however, as the wise Ferris Bueller once put it, "If you don't stop and look around once in a while, you could miss it." And that's exactly what I did in high school. Winning Homecoming King, taking the same girl to homecoming and prom (yes, we are still together), taking my final SAT since I couldn't get the right score the first four times, and finally walking across the stage with the lightest piece of paper to represent all the stress I've carried on for four long years. Trust me, I soaked it. ALL. IN. I spent the seemingly short summer trying to make some extra cash, because now, I have to pay for schooling, which was truthfully the first intimidation before my first day of school even commenced. . Now I find myself right back at square one trying not to miss out on this memorable phase of life. This time is quite a bit more humbling. Nine hours away from home and engulfed by the Blue Ridge Mountains, the first day of school provoked a lot of ambivalent thoughts in my head, but I thank Mars Hill University for allowing us to skip Monday and begin our new four-year journey, for some...no shame, on a Tuesday. Truly a class act. As most people do, I began my day with a shower. But this wasn't the usual, loathed in the steaming water, while I sang, lathering myself with some gentle, exfoliating men's soap type of shower, this was chaos. It was like a highway of everyone's morning routines, however surely, I had survived probably the tensest part of the day, and now I was on my way to the dining hall. Although there has been some forewarning about the dining hall food, I was rather pleased with the build-your-own omelets and the all-you-can-pump cereal. Cinnamon Toast Crunch, are you serious? That will play. And if you don't like it, you probably put the milk in first anyway. After fueling up for my first day as a college freshman, now I had to begin the most basic part of student life. Being a student. Whether you enjoy it or not, school will always be school, and unless your teacher is Mrs. Frizzle or Bill Nye, then there's not much more to it than studying, building friendships, and getting decent grades. Except, the first day can be daunting, especially for those who traveled through states to attend college. Personally, I wasn't nervous, but more so excited for the new opportunities I was stepping into. Think back to your highschool grades for a seconds, and now imagine them all gone, and you're starting fresh, an unblemished school record to begin your college debut. That's how it was for me anyway, and that in itself, is exciting. Nothing could really prepare me for this moment (minus a fully charged laptop and a couple of pens ...oh and maybe a notebook) as the first day of school is one of those days you just have to soak in. Honestly, the most underwhelming part of the first day of school as a freshman is the classes, but don't worry, you technically don't have the same classes everyday. Yes, that's a college thing. Welcome to the show. My first day of school was sort of like a movie trailer. Teachers who didn't really get into much detail and others who let you out 20 minutes before you were scheduled to, really got me fired up for what was to come. A glimpse of what educational freedom will look like. Whether this college movie will be horror, sad, suspenseful, thrilling, comedic, or action-packed, only time will tell, but I do know that the faculty and staff at Mars Hill University made me want to stay and watch a little longer, they were, collectively, welcoming and compassionate to all the questions and wonders I may have had. Now the trailer is over, and I get to do this movie all again tomorrow.

To Do
• Math ✓
• ENG ✓
• SCI ✓

— FRESHMAN MATTHEW PACHECO, staff writer



My alarm went off at 8:05 a.m. I threw on my gym shorts and an oversized t-shirt that hadn't been washed in two days. I pulled my hair into a chaotic messy bun and walked out the door. If rolling with the flow was a person, it would be me. Yeah, I was late for my 8 a.m. but I'm sure Dr. Rozeboom understands, he was in college.

After a pitstop at Hilltop for my Starbucks Vanilla Double Shot energy drink (if any of you reading this believe it's basic, go right on ahead because I will gladly down two of those drinks before I think about my business classes), I finally walked into the class calm and collected. I glanced at my watch, 8:13 a.m. No rush because, again, we have all been late. We got our boy TJ, who is sitting in the very back, yelling to Steven Smith who sits in the front while cutting up jokes about football or something like that, and everyone seemed to be smiling. I missed the first part of the joke, but if you know Todd Skinner (TJ) you know he will get you to smile regardless.

Well, it's senior year. I pulled out my laptop and started laughing. The screen remained black after trying to turn it on. Oh well, I forgot to charge it again. For the third time this week. And I'm pretty sure the books in my bag are for my Monday, Wednesday, and Friday classes, and today is Thursday. Hey, at least I did the reading or at least skimmed it.

Weights, class, practice, café, sleep, repeat. A day in my life – at least, a WEEKDAY in my life. The weekends are what I live for, as long as my assignments are done, and everything is crossed on my to-do list. May is coming up soon and you only live once right? So, screw it.

–SENIOR LEANN CROTTS, staff writer

FACE OFF

Professor / Student:
Belief in the Supernatural

PROFESSOR

It's late at night, and you're alone in your dorm room. You hear a sound, just outside your door. Someone, or some thing is scratching, scratching, scratching at the door. Immediately your mind leaps to the worst, most horrifying conclusions. Is it some specter? A ghost? A ghoul? Is it some other, more gruesome haint come to take you away to an untimely demise? Luckily, it probably isn't. The sound is probably a mouse, trying to get at the crackers you left out from your morning study break.

Stories of the supernatural captivate our imagination, but is there any truth to these paranormal experiences? Fortunately (or maybe, unfortunately) most of the well-known encounters with the paranormal have been exposed either as deliberate frauds at worst, or people who were genuinely misinterpreting normal phenomena at best.

One of the most famous examples is the case of the Fox sisters, in the early 1800s. These women grew to fame for their ability to supposedly channel spirits from the great beyond to make loud thumping noises, table-shattering crashes, and eerie

DR. ROBERT ZINNA

snapping sounds in response to questions posed to the sisters from onlookers. However, nearly 40 years after these women first gained popularity for their powers as spiritual mediums, Maggie Fox, the older of the two sisters, went public with an explanation for how they performed their tricks. Most of the noises were done through clever manipulations.

As more people began to successfully explain amazing natural events through the lens of the scientific method, seances and spirit mediums became harder and harder to uncover. In fact, one prominent individual, Margery Crandon, almost walked away with a \$2,500 prize from *Scientific American* (about \$43,000 today!), were it not for the ability of the great Harry Houdini to see through her impressive sleight of hand. Houdini himself took great pleasure in testing and debunking claims of supernatural phenomena, even going so far as to fake his own "ghost pictures" to demonstrate that most photographic evidence of ghosts was probably the result of elaborate (and skillful!) forgery.

This tradition continues even today, where the late magician James Randi

offered a million-dollar prize to any individual who could demonstrate supernatural phenomena under controlled, scientific conditions. After over a thousand attempts, none of the individuals were able to win the prize. It turns out, as the prominent science educator Carl Sagan famously said "Extraordinary claims require extraordinary evidence." This slogan forms the cornerstone of the scientific method, but also applies directly to claims of the paranormal. Perhaps the most objective test of the existence of the paranormal is the fact that the total number of sightings of ghosts, UFOs, bigfoot, the Loch Ness monster, and other supernatural entities has dropped as the number of people with cell phone cameras has increased.

However, science can't explain everything, and there is still a very small possibility that scientists are incorrect, so maybe that sound you heard in the woods was a sasquatch. Maybe the scratching at your door wasn't a mouse. The only way to know, is to get up and take a closer look. Happy Halloween!

STUDENT

Are ghosts real? It's a very controversial question and there's plenty of people who are willing to fight this belief. As for me, I have believed in ghosts and supernatural entities for as long as I remember.

Ever since a very young age in my life, I have been told an abundant amount of ghost stories. I used to think they were just silly stories that were made up to scare little innocent kids, but eventually, I started believing them. One supernatural tale which has distinctly stood out to me was told by my paw, an old timer man who is quite skeptical himself. It was about his grandpa (my great grandfather). His name was Sylvanus Shook. One night Sylvanus was walking home in the dark, when all of a sudden a horse and wagon rode by him. Chained up in the back of the wagon were "hellhounds," dogs that seemed to be sent straight from Hell. He said that when you looked them in the eye, you felt as if you were going to fall into the depths of fire and torture. Allegedly, a hellhound got loose and chased him, gnawing and growling at his heels. Finally, he outran them for good, and after that, he never walked

KAYLA RICE, staff writer

anywhere after dark or alone. In addition, he didn't dare pick up another handle of whiskey for the rest of his life. It wasn't the story that scared me, it was the utter fear that Sylvanus had after that event. My paw said that Sylvanus changed his ways and never acted the same after that experience.

Not only have I heard ghostly-like stories, but I have also experienced various supernatural events. Before reading this, keep in mind that I don't get spooked easily and I always try to rationalize an event before assuming anything. My family and I believe that there are spirits that sleep with me in my bedroom. I had a sleep recording app (I was curious about how I sounded in my sleep) that would record any sound that was detected. There were multiple times where the app had caught voices that didn't belong to any of my family members. One is still on my phone and can be heard clearly as a very deep voice saying something as I am moving around. At another time, the app had caught a recording of which sounded like two people having a conversation. At first, I thought it might've been my siblings or my parents,

but the only people that were home that night was my mother and I, asleep in separate rooms. To make things much more spooky, recently my picture kept getting knocked down from the wall until finally it shattered the glass. There was no explanation for it considering the fact that it was secured very well on the mantle and nobody else's picture got knocked down. After that event, it made leaving home for college a little easier. I was devastated to leave my family but happy as can be to be leaving that rude spirit behind.

There's a lot of supernatural occurrences happening here in the Appalachian mountains. Listen to the locals when we tell you to close all windows and curtains after sundown, lock your doors, and remove yourself from nature if it becomes quiet. If you hear your name or a baby crying in the woods, no you didn't. NEVER whistle after dark, or you will call the creatures that lurk through our woods in the night. Finally, watch out for Wendigo – he preys on naive human flesh.

WANTED

FOR MULLET DEAD OR ALIVE



HANNAH ROSE FRAZER, editor-in-chief

There's only one way to pull off the mullet and that's if your name is Morgan Wallen. And no, not the Mars Hill University version of "Morgan Wallen." Sorry Austin. Although I will admit, I have a secret attraction for mullets, most everyone else on the face of earth does not. So boys, if you're looking for a significant other, and you're currently rocking the business in the front, party in the back hairstyle, don't wonder why you are single. I'll tell you exactly why.

One of the major girl codes regarding the mullet is its connection to being a "player." Whereas in the '90s mullets signified white trash then moved towards redneck, now the mullet symbolizes a guy who plays the dating field as if it's a game. Hint: most girls don't really go for the cheater type of guy.

Victoria Forren, a senior at Mars Hill University, shares her personal opinion of the mullet trend, "Mullets are such a difficult style to pull off. Honestly, there is a very limited number of people who can make it look good," she claims. "My initial impression when I see a guy with a mullet is a country boy who's most likely a player. The haircut is just not for me."

Not only do these haircuts turn girls' heads in the opposite direction with an eyeroll of disgust, but the amount of maintenance that goes into actually making a mullet look somewhat decent is without a doubt too time consuming for the

average Mars Hill University male. Whereas the typical complaint is that girls take too long to get ready, it's strongly believed that guys, especially with mullets, should take the same average Mars Hill University male. Whereas the typical complaint is that girls take too long amount of time, or even longer. Most men think styling their hair is the simple process of either wearing it how they woke up or just throwing a hat on; however, there is much more complexity to it. I understand the popularity of a natural messy look, but there's a distinct difference between wearing one's hair like a filthy rat's nest and purposely styling hair for a textured, messy look. Boys take note, writer Mike Lawson for Beardbrand, a men's grooming company, gives step by step instructions for maintaining a fresh morning mullet.

"After getting out of the shower and lightly patting excess water from your hair, comb it back to get rid of any tangles. Grab a blow dryer. Start with high speed and high heat while focusing on pushing the hair forward and up. As the hair begins to dry, reduce the heat and speed while continuing to work the hair forward and up" Lawson writes. Mars Hill men can barely wake up early enough for class attendance, imagine adding a hair routine in the morning. They might not make it out of their dorm room until mid-afternoon.

Essentially, if I wanted to see a trashy mullet then I'd go to Walmart. Please, take this as a social cry for help and leave the mullet as a hairstyle of the past.

PARKING VIOLATION

NOTICE

Even with a slight decrease of 53 student drivers this year to Mars Hill University's campus, the number of available student parking spots has become more of an ongoing issue this year than years prior. Between on-campus living, commuters, and the faculty and staff, MHU simply doesn't have enough parking to accommodate this many drivers. Mars Hill University has approximately six upperclassmen living spaces and five underclassman living spaces. In addition to those living spaces, you also have faculty/staff and commuters who need places to park.

To dive deeper into this issue, it's worth looking at the different parking lots on campus in relation to housing location. Outside of Lunsford Hall, there's a parking lot with enough spots to accommodate the number of student drivers that live in those apartments. In addition to this, the parking lot is split to have parking for faculty and staff. This is the only living space with split parking lots for students and faculty. One of the most problematic living spaces for upperclassmen parking is Huffman Hall. With five stories and approximately 70 students living there, the parking has overflowed into the gravel commuter parking lot below it. Not only has it overflowed, but the labeled handicap parking and resident life parking have been disregarded and many people have now started to park there. After speaking to a student driver living in Huffman about this issue, she said, "For the longest time I didn't move my car. I knew that as soon as I did, that there would be no parking spots when I got back." She

THIS VEHICLE IS IMPROPERLY PARKED VIOLATIONS ARE AS FOLLOWS:

along with other students share similar thoughts and comments on this.

Similarly, a problematic parking lot that isn't addressed as much, is the parking lot at the top of what is known as freshman hill. The parking lot at the top of the hill is a shared parking lot for essentially four different dormitories: Gibson, Turner, Laurel, and Brown Hall. All four of these dorms share one parking lot containing roughly 60 parking spots. Now this doesn't sound that bad, until you see all the students living in these dorms. Even if half of these students have a car on campus, there still wouldn't be enough parking to accommodate this demand.

All this goes to say that the issue of parking is something that needs to be expanded on and resolved to reduce the number of fines and complaints. "So far this year," Kevin West, the Director of Safety and Security claims, "roughly 150 parking citations have been issued by MHU parking enforcement so far this semester." This is a fewer number than last year; however, whether this is an intentional issue to discourage cars on campus, or an unintentional issue, there must be some way that it can be solved. Not only is this issue affecting the students, but it is also affecting the faculty and staff that keep this university running. Should the school look to build more parking? Should they implement a rule for cars on campus? West then leaves us with this, "As always, we stress that MHU is primarily a pedestrian campus. Students are strongly encouraged to leave their cars at the res halls and walk."

DATE: Oct. 31, 2022

TIME: 2:15 pm

LOCATION: Mars Hill University

ISSUED BY: Braxton Robinson
Staff writer

Halloween Word Search



BOO
GAMES
HALLOWEEN
PARTY
SPOOKY
WITCH

CANDY
GHOSTS
MASK
PUMPKINS
TRICK

COSTUMES
GOBLIN
MUMMY
SKELETON
TREAT

CREDITS

EDITOR-IN-CHIEF

Hannah Rose Frazer

PHOTOGRAPHY

Jarib Potts (pg. 8, 24)

Tori Franklin (pg. 1, 9, 11, 26)

zone3 website (pg. 6-7)

www.thetypica/mom.com (crossword)

STAFF WRITERS

Braxton Robinson

Edgar Miranda

Elida Taylor

Hailey Harwick

Jamie Garcia

Kayla Rice

Kiana Tuckett

Leann Crotts

Matthew Pacheco

Owen Blake

Thomas Bertelisen

Zoie Pistel

ADVISER

Dane Secor

GRAPHIC DESIGN

Noah Steedley (pg. 22-23, 28-29)

Tori Franklin (pg. 3, 4, 5, 12-17, 18-19
20-21, 27, 30)